

Name: Dr. Hirra Rehman Alavi
Nationality: Pakistani
Gender: Female
Position: Senior Registrar - Consultant
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EXECUTIVE SUMMARY:

I graduated from King Edward Medical University, the highest merit university of Pakistan. I completed my House job and immediately got enrolled in specialized 5 year programme in Plastic and Reconstructive Surgery at Mayo Hospital, Lahore, Pakistan, earned my fellowship degree from college of physicians and surgeons, Pakistan & presently working as regular Senior Registrar at Lahore General Hospital/ AMC/ PGMI, Lahore in plastic surgery department. Mayo Plastic and Reconstructive surgery centre is the state-of-the-art dedicated center of plastic surgery in Punjab, Pakistan where I remained involved in numerous departmental and interdepartmental meetings and research projects. I also presented and won the prize for best short paper presentation at PAPSCON 2020 on the topic 'Comparison of nanofat grafting vs nanofat grafting with prp in post burn facial scars'.

QUALIFICATIONS:

MBBS: King Edward Medical University, Lahore
FCPS, Plastic surgery (College of Physicians and Surgeons, Pakistan)

LICENSURE / CERTIFICATION:

69215-P Pakistan Medical and Dental Council (Active)
PLS-21-29212 College of physicians and surgeons, Pakistan (Active)

SURGICAL COMPETENCY:

General Plastics: Skin grafting, local and pedicled flaps, revascularization, tissue expansion, burn surgery(tangential excision & contracture release), local musculocutaneous flaps, flaps for abdominal/chest /back reconstruction, surgery for pressure sores, scar revisions.

Aesthetics: Rhinoplasty, gynecomastia, breast augmentation, breast reduction, mastopexy, fat grafting, face lift, neck lift, brow lift, lip lift, upper and lower blepharoplasty, otoplasty, body contouring procedures, abdominoplasty, liposuction, thigh lift, arm lift, BBL, cosmetic laser treatments, botox, fillers, peels, prp, microneedling, hair transplant.

Hand: Burn reconstruction, contracture release, correction of syndactyly, tendon (Extensor/Flexor) repair and transfers, major vessel/nerve repair, hand fracture fixation, nerve decompression surgeries,, major elective hand procedures.

NATIONAL PRESENTATIONS:

1. Advantages of 3D model reconstruction in mandible reconstruction post tumor excision, Interdepartmental meeting, Lahore chapter, March 2018.
2. Use of local flaps for coverage of small defects of hand, Interdepartmental meeting, Lahore chapter, October 2019.
3. Comparison of nanofat grafting vs nanofat grafting plus prp in post burn facial scars, Annual Conferences of Pakistan Association of Plastic Surgeons, March 2020.
4. Role of serial fat grafting in Romberg's disease in children, interdepartmental meeting, Lahore chapter, July,2022.

PUBLICATIONS:

1. Frequency to non compliance to oral iron therapy in pregnancy and common factors leading to it. J Gandhara Med Dent Sci. 2022;9(1): 58-63
2. Nanofat graft harvested from abdomen in comparison with thigh in the treatment of hyperpigmentation of face, Annals of Punjab Medical College. 2024
3. Comparison of Fat Graft in Post-Burn Scars versus Platelet-Rich Plasma Regarding Scar Quality and Healing: Platelet-Rich Plasma and Fat Graft in Post-Burn Scar Treatment. *Pakistan Journal of Health Sciences*, 5(04), 199–204. <https://doi.org/10.54393/pjhs.v5i04.1407>

CAREER ASPIRATIONS:

I feel it is my duty to serve my nation, considering all that Pakistan has bestowed upon me. I wish to continue building on the good foundation of clinical and surgical experience in the field of plastic and reconstructive surgery as well as teach trainees the latest techniques in this field.

